

First Name		
Last Name		Date / Initials
Retrace Figure 8		
Backup Knot		
Requirement 1	a.	First Aid
	b.	CPR
Requirement 2		No Trace, Outdoor Code
Requirement 3		Propper Dress
Requirement 4	a.	Climb Classification
	b.	Top Rope, Lead, Bouldering
	c.	Site Evaluation
	d.	Howto Summon Aid
Requirement 5	a.	Climbers Signals
	b.	Rappler Signals
	c.	Belayer Signals
	d.	Boulder Signals, Spotters
Requirement 6	a.	Rope Descriptions
	b.	Rope Inspection
	c.	Rope Care
	d.	Rope Retirement
	e.	Coiling
Requirement 7	a.	8 on Bight
	b.	Follow Thru 8
	c.	Water Knot
	d.	2x Fishermans
	e.	Safety (backup) knot
Requirement 8	a.	Harness
	b.	Swiss Seat
Requirement 9	a.	Importance, when
	b.	Belay 3 Climbers
	c.	Belay 3 Rappelers
Requirement 10	a.	Tie into belay rope
	b.	3 Different Climing Routes
Requirement 11	a.	Attach Rappel Device
	b.	Attach Belay Rope
	c.	3 Different Rap Routes
Requirement 12		Propper Gear Storage